

MIDLANDS HIKING CLUB FIXTURE LIST: JANUARY TO MARCH 2020

DATE	GRADE	DESCRIPTION OF ACTIVITIES	LEADER
Sunday 5 th January			
Sunday 12 th January	Grade 1 9 km	CEDARA Easy morning walk to Forestry Dam.	Alistair Nixon alanixav@gmail.com 0836606657
THURSDAY 16th January	Social Evening	SPIOENKOP presentation by Alastair Nixon	Free to members. Contact Penny Purchase Email chrispenny@telkomza.net
Sunday 19 th January	Grade 2 8-10km	LEMONWOOD trail through Indigenous forest in the Dargle. R20 conservancy fee.	Carolee Thompson caroleejoy@gmail.com 0784825003
Sunday 26 th January	Grade 2 14 km 240m climb	FOREST GNOME TRAIL. Combined hike with Durban Ramblers.	Margret Kirsten email mjkaway41@gmail.com
Sunday 9 th February	Grade 2 10km	MBONA Private Nature Reserve	Alistair Nixon alanixav@gmail.com 0836606657
Sat 15 th Monday 17 th February	Weekend cave	CANNIBAL CAVE near Clarens . Slackpacking R460.	Andy Pepperell 0836271838
Sunday 16 th February	Grade 2	HOWICK ENVIRONMENTAL HIKE Details to follow.	Peter Wedge email polyserv@futurenet.co.za 0837777500
Friday 21 st Sunday 23 rd February	Camping Weekend with Grade 2 hikes	MONKS COWL Ezemvelo KZN Camp site. R 120 pppn. Hikes to Nandi Falls on Friday and Steilberg via Mkhulumane Rock on Saturday.	Brian Henwood - 0826556359 or bhhenwood@gmail.com
Sunday 1 st March	DAY HIKE Grade 2 10 kms	TILLIETUDLEM Game farm in the Dargle. A guided walk across green hills and viewing of Nguni herd. Tea and scones on offer after the walk at the fisherman's lodge and a chance to swim in the river.	Contact Penny Purchase chrispenny@telkomza.net Phone 078 948 3730
Weekend 7-8 th March	FULL MOON NIGHT HIKE Weekend camping grade 2 3 hours walk 4 k each way	HIGHMOOR LAST NIGHT HIKE ON FULL MOON, -- IF THE WEATHER BE GOOD. Arrive Saturday and pitch tent at the cars. Early arrivals can do an afternoon walk. After supper head for Windy Knoll, on the way to Caracal Cave. If the sky is clear, see the berg and for kilometers around. Easy walk along a good path, great for stars DO SOMETHING YOU HAVE NEVER DONE, OR WILL DO AGAIN .Beg, Borrow or steal a tent. Freeze supper at home for Saturday evening, BUT COME. Camping fee R40+R50	Dave Sclander - email only dave@bergfree.co.za last booking - WEDNESDAY 4 th March Book by e mail only with cell contact & where you live.
Sunday 8 th March	Grade 2 12km	HIGHMOOR Join the Saturday night hikers on a circular walk From the Office to Windy Knoll to Aasvoelskranz Cave to below Mt Lebanon and back to the office. Great views and good walking.R40 pp entry or Rhino card	Dave Sclander - email only dave@bergfree.co.za last booking - WEDNESDAY 4 th March
Sunday 15 th March	DAY HIKE Grade 2	COBHAM Bath Plug Cave hike	Sue Rowley SMS OR WhatsApp 0732131314 sue524024@gmail.com
THURSDAY 19th March	Social Evening	"Time's Fun When You Are having Flies" - a presentation by Kirstin Williams, a forensic entomologist.	Free to members. Contact Penny Purchase Email chrispenny@telkomza.net
Sunday 22 nd March	Grade 1	CUMBERLAND NATURE RESERVE	Daryll Jacobs WhatsApp 0836426247 or email Daryll.Jacobs@hulamin.co.za
Sunday 29 th March	Grade 4 600m climb	BULWER MOUNTAIN	Alistair Nixon alanixav@gmail.com 0836606657

IMPORTANT NOTES ABOUT HIKING

1. Hikes are graded so that members can select the activity best suited to their own level of fitness and do not cause unreasonable delay to fellow hikers.
2. Contact the leader of a day hike at least 3 days in advance of your intention to participate. If you need to cancel please contact the leader as soon as possible. Numbers are often limited and there may be a waiting list.
3. Contact the leader of a camping weekend at least one week in advance of your intention to participate.
4. If accommodation bookings are required please contact the leader at your earliest convenience to secure yourself a booking.
5. Leaders have the prerogative to exclude a member if they doubt their health condition, physical fitness or suitability of their hiking gear for a particular activity.
6. Advise the leader of any medical condition prior to any hike & carry the necessary medication - The leader will not administer First Aid.
7. Carry your medical aid, doctor and close family friend contact details in your backpack at all times. We encourage all hikers to attach their membership badges to their backpacks with these details available.

GRADINGS OF HIKES	
FF	Family friendly
PF	Pet friendly
Grade 1	Very easy. Minimal fitness required
Grade 2	Not too strenuous. Moderate fitness
Grade 3	Moderate. Physical fitness advisable
Grade 4	Strenuous. Physical fitness essential
Grade 5	Very strenuous - high level of physical fitness essential

CLUB NIGHTS Our Club nights are held on the third THURSDAY of every second month in the Church of the Ascension Hall, Hilton starting at 19:00. Wine, snacks, tea & coffee served. Come along early and meet your fellow members. Plenty of parking next to the hall, accessed from Brindy Road, Hilton.