

MIDLANDS HIKING CLUB FIXTURE LIST: OCTOBER TO DECEMBER 2019

(Revised: 30/10/2019)

DATE	GRADE	DESCRIPTION OF ACTIVITIES	LEADER
Sunday 6 th October	Social morning	African Bird of Prey Sanctuary. Fascinating flying show and safe haven to the widest selection of indigenous raptors. Followed by a 5km walk around the Ashburton horse race track and a refreshment at the club. Meet at 10am .Cost R70	Contact Cathy Nixon Cathy.amies@gmail.com 084 6932340
Sat Sunday 12 th -13 th October	FULL MOON NIGHT HIKE Weekend camping grade 2 3 hours walk 4 k each way	HIGHMOOR LAST NIGHT HIKE ON FULL MOON, -- IF THE WEATHER BE GOOD. Arrive Saturday and pitch tent at the cars. Early arrivals can do an afternoon walk. After supper head for Windy Knoll, on the way to Caracal Cave. If the sky is clear, see the berg and for kilometers around. Easy walk along a good path, great for stars DO SOMETHING YOU HAVE NEVER DONE, OR WILL DO AGAIN .Beg, Borrow or steal a tent. Freeze supper at home for Saturday evening, BUT COME. Camping fee R40+R50	Dave Sclander - email only dave@bergfree.co.za last booking - WEDNESDAY 9 October Book by e mail only with cell contact & where you live.
Sunday 13th October	Grade 2 12km	HIGHMOOR Join the Saturday night hikers on a circular walk From the Office to Windy Knoll to Aasvoelskranz Cave to below Mt Lebanon and back to the office. Great views and good walking.R40 pp entry or Rhino card	Dave Sclander - email only dave@bergfree.co.za last booking - WEDNESDAY 9 October
Sunday 20 th October	Grade 3 +/- 12km.	DEMAGTENBERG- meet Karkloof Road, outside Amber Valley - 08.00 then proceed further 20km. to hike parking	Chris Dobson - 0824611954
Sunday 27 th October	Grade 2	MBONA KARKLOOF	Alistair Nixon alanixav@gmail.com 0836606657
Sunday 3 rd November	DAY HIKE Grade 2+ 12 - 15 km	EVERDON ESTATES led by Cecil Hackney who knows the area better than anybody else. Some of the most spectacular views in the area including Umgeni and Karkloof rivers. Meet outside Amber Valley at 8am. R30 Conservation fee.	Peter Wedge email polyserv@futurenet.co.za 083777500. Last booking Wednesday 30 th October
Sunday 10 th November	Grade 2	HILTON COLLEGE One of 2 hikes depending on the weather.	Alistair Nixon alanixav@gmail.com 0836606657
Sunday 17 th November	Grade 2	KARKLOOF FALLS	Libby Deysel libos999@gmail.com 0607374999
THURSDAY 21 st November	Social evening	"Caelum Nostrum Nox".A star studded presentation by Merlin Jackson, an amateur astronomer in the Midlands. Church of the Ascension Hall, Brindy Road, Hilton - 7pm. Wine, tea, coffee and light snacks available	Free to members. Contact Penny Purchase Email chrispenny@telkom.co.za
Sunday 24 th November	Grade 1	MIDMAR THURLOW	Sue Rowley SMS OR WhatsApp 0732131314 sue524024@gmail.com
Saturday 30 th Nov- Sunday 1 st Dec	Social weekend and hike	CHRISTMAS PARTY SHAWSWOOD KARKLOOF. For accommodation contact Sue Rowley SMS OR WhatsApp 0732131314 sue524024@gmail.com	Contact Penny Purchase Email chrispenny@telkom.co.za
Sunday 8 th December	Grade 2	LEMONWOOD FOREST DARGLE	Libby Deysel libos999@gmail.com 0607374999
Sunday 15 th December			
Sunday 22 nd December			
Sunday 29 th December			

IMPORTANT NOTES ABOUT HIKING

1. Hikes are graded so that members can select the activity best suited to their own level of fitness and do not cause unreasonable delay to fellow hikers.
2. Contact the leader of a day hike at least 3 days in advance of your intention to participate. If you need to cancel please contact the leader as soon as possible. Numbers are often limited and there may be a waiting list.
3. Contact the leader of a camping weekend at least one week in advance of your intention to participate.
4. If accommodation bookings are required please contact the leader at your earliest convenience to secure yourself a booking.
5. Leaders have the prerogative to exclude a member if they doubt their health condition, physical fitness or suitability of their hiking gear for a particular activity.
6. Advise the leader of any medical condition prior to any hike & carry the necessary medication - The leader will not administer First Aid.
7. Carry your medical aid, doctor and close family friend contact details in your backpack at all times. We encourage all hikers to attach their membership badges to their backpacks with these details available.

GRADINGS OF HIKES	
FF	Family friendly
PF	Pet friendly
Grade 1	Very easy. Minimal fitness required
Grade 2	Not too strenuous. Moderate fitness
Grade 3	Moderate. Physical fitness advisable
Grade 4	Strenuous. Physical fitness essential
Grade 5	Very strenuous - high level of physical fitness essential

CLUB NIGHTS Our Club nights are held on the third THURSDAY of every second month in the Church of the Ascension Hall, Hilton starting at 19:00. Wine, snacks, tea & coffee served. Come along early and meet your fellow members. Plenty of parking next to the hall, accessed from Brindy Road, Hilton.